

One tradition in the church during Lent is to fast – to "give up something for Lent." Typically, nowadays, fasting includes "giving up" something that will be challenging causing you to lean on God for help, pray to God more, and think about God more. Fasting (giving up something) is a fine way to focus your attention on Christ and the cross during Lent. But there are other ways to turn our focus to Christ in addition to fasting. In a devotion book by Rich Bimler, he calls these additional practices "Holy Habits." These "Holy Habits" are designed to become "Resurrection Routines" – practices that not only aid in your Lenten journey with Jesus to the cross, but also to turn your focus more intentionally and joyfully on the Resurrection message of the empty tomb.

These "Holy Habits" include: worship, prayer, laughter, Bible reading, listening to a friend, music, quiet times, play, confession, being salty, and more. Some of these "Holy Habits" might surprise you – but all are ways to turn your focus on God. There is a different "habit" for you to try each day of Lent. The Sunday before Ash Wednesday, the "Holy Habits" devotional book will be available as well as the devotional book that is the companion for our Wednesday worship, "Followers of the Cross" by Martin Marty.

Here is a Lenten challenge for you: spend at least ten more minutes a day (10 more minutes then you now spend) in intentional time with God each of the forty days of Lent (FYI - Sundays are not counted as part of the 40 days during Lent). You can try the Holy Habit listed each day in the devotional book or you can simply spend the time in prayer, Bible reading, or whatever places your focus completely on God for at least 10 minutes more per day than you do now. During this time, listen for God's spirit guiding you, giving you peace and healing your spirit.

May God richly bless your devotional time. May your faith grow richer and stronger. May you realize how deeply God loves you and cares for you.

Christ's peace and grace to you,

Pastor Michelle

Pre-Lenten Tea Time Again!

It's time again for Bethany to host its 13th Annual Pre-Lenten Service and Tea on Tuesday, February 12 at 12:30. A sign-up sheet will be put out soon for you to bring your delicious finger foods and to help with the various duties. So mark your calendar, and please join us as we look forward to having an enjoyable day.



Blessings,

The Pre-Lenten Tea Committee



Worship During Lent



Ash Wednesday - February 13

Two worship services: Noon and 7:00 p.m. Imposition of Ashes and Holy Communion at both worship services.

Followers of the Cross

Wednesdays during Lent Soup Super at 6:00 p.m. & Worship 7:00 – 7:30 p.m. February 20, 27, March 6, 13, 20

Week One – The Call to Follow Week Two – If Need Calls, Jesus Follows Week Three – Potholes along the Way Week Four – Hopeful Signs along the Way Week Five – GPS (God's Positioning Spirit)

Join us for a time of soup and fellowship followed by a worship service focused on the Christians' role as followers of the cross. Devotion books by the same title by Martin Marty will be available for each family. As described on the back cover of the devotion book, each week we will be "exploring the meaning and relationship between Christ and us implicit in the phrase 'followers of Christ'." The sign-up sheet for the soup suppers will be in the narthex.

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SOCIAL MINISTRY

Item of the Month: Cereal



ASH WEDNESDAY PRAYER VIGIL FEBRUARY 13, 2013 11:00 AM UNTIL 2 PM

Come early for the noontime Ash Wednesday service or stay after the service for prayer.

Fill out prayer request cards for those you would like all to pray for. There is no such thing as too much prayer!!

Social Ministry Team's Book Sale Fundraiser for Hunger Inc.

Social Ministry is sponsoring a book sale soon. Bring in all your old or new book(s) (paper backs, hard bound) that you don't want to keep. They will be placed on a table in the hallway between the Narthex and the fellowship room. Take one (or



more) book home to read for a small donation (a container will be placed on the table for donations). Keep the book(s) or bring it back for others to read. See anyone on the Social Ministry Committee or Pastor if you have any questions. A great way to weed out your book inventory and make room for something else. Happy reading and thanks.

May the angels protect you and heaven accept you. Joni

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Via de Cristo

The heart and essence of the Via de Cristo is to bring Christians to a full awareness of what is meant by living the life of Grace, adding new strength and vitality to their Christianity. There will be a men's week-end February 28 – March 3 and a women's week-end .March 7 – March 10 at Camp Lakeview in Seymour, IN. Pastor Michelle will serve as a spiritual director at the women's week-end. Please talk to Pastor Michelle if you have any questions or might consider joining Pastor as a participant. For more information, ask Pastor for a brochure or go online at inkyvdc.org.

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NOTES FROM THE DAYCARE FEBRUARY 2013

It hardly seems possible that the first month of this new year has passed. School is now back in full schedule. We had a great time with our school children over vacation. They got to attend a Pacers game on New Year's Eve day and also had lunch at Chuckie Cheese. Both events were lots of fun!

We've been busy getting Christmas decorations put away and generally cleaning the building. Every virus that has been around has been passed among our



children and staff. The staff is finally beginning to recover. We are now beginning to work diligently towards Level III in Paths To Quality. This section concentrates on children's assessments and parent involvement. We will begin having parent conferences and program evaluations within the next 30 days

Valentines Day is quickly approaching. We are planning a new event to actively involve our parents with their children. We will be having a Valentines Dance which will include a light supper on February 15 beginning 4:30 pm. We hope many parents will come ad spend some quality time with their child. We are also planning our Second annual Brunch with the Bunny program on March 23 beginning at 10:00 am., followed by the Easter Egg Hunt. This event will include our annual spring program. This event will be a community outreach program.

Soon we will begin planning work parties for both of our playscape areas. We hope to involve our parents in many different gardening activities with their children. We are always open to any new ideas you may have to bring more parent involvement and community outreach. If you have any garden decorations or planting materials or tools you no longer need, we would welcome those donations.

Lay Assistants Sign Up

Just a thank you to all who have, and a reminder -- Please remember to consider signing up to be a Lay Assistant for the coming months. Our Lay Assistants read the Scripture Lessons and assist with the Prayers of Intercession and Holy Communion for each Sunday and special worship services. Those of you who haven't been Lay Assistants, we will give you training in assisting with Holy Communion. Please sign up on the Lay Assistant Sign-up Sheets in the narthex. Thank you!

December Financial Report

Church Income Received: \$22,211.35 (Note: \$2,358 was designated For Benevolence) Church Expenses: \$18,375.31

Balance: \$3,836.00 January Budgeted Income Needed: \$16,562.25

Bethany Lutheran January 7 Church Council Congregation Report January 14, 2013

Pastor Elfers outlined in her report the various opportunities of worship, education, outreach, evangelism, fellowship and especially pastoral care that she was involved in during the month of December. Pastor expressed her appreciation for all who extended prayers, calls, visits and food for the families of Sadie Schrougham and Bulinna Dennis. There were many opportunities to gather in fellowship which also involved the Daycare families during their Christmas program and the joint worship with the Kenyan and Chin congregations last Sunday.

The treasurers reported that the budget report was skewed with the variety of income coming in and bills being paid for carpet, roof and plumbing work. Result of the total budget for 2012 is -\$5,619.42.

The Daycare Christmas program and Santa brunch was attended by over 300 people. Parents of the nine children assisted through the Angel Tree were very grateful for the assistance. Debbie thanked all who helped by buying gifts, wrapping of gifts; extra toys were donated by Kroger.

The Council held the election of officers for the 2013 year. The officers are as follows: Secretary, Melissa VanLue; Vice-President, Earleen Ashbrook and President, Ilze Bye.

The complete reports from this meeting are available in the notebook located in the Narthex. Council members and the Pastor would be happy to answer any questions.

The annual Congregation meeting will be held Sunday, January 27, after worship services when council and committee reports for 2012 are given.

Prayerfully submitted, Ilze Bye

Bethany Congregation President

FEB.	LAY ASSISTANT	USHERS	COUNTERS
3 rd	Joni Webb	Bruce Bye Ilze Bye	Todd Nichols
		Dick Mathes Donna Thoms	Donna Shaffer
$10^{\rm th}$	Erv Schreiber	Bruce Bye Ilze Bye Dick Mathes Donna Thoms	Donna Shaffer Debbie Rohrman
17 th	Eric Yost	Bruce Bye Ilze Bye Dick Mathes Donna Thoms	Donna Shaffer Debbie Rohrman
24 th	Melissa VanLue	Bruce Bye Ilze Bye Dick Mathes Donna Thoms	Terry Battema Marlys Battema Mildred Baxter

PLEASE KEEP OUR BRAVE MILITARY MEN AND WOMEN AND THEIR FAMILIES IN YOUR PRAYERS.

An * denotes currently deployed outside of the United States.



Bob	Battema	Air Force	Son	Terry & Marlys Battema
Tyler	Bell*	Army	Coworker's Son	Sally Graybeal
John	Campbell*	Army	Family Friend	DuPriest Family
Sean	Dardeen	Marine Corps	Family Friend	Bulinna Dennis
Rick T.	Duncan	Navy Reserves	Son	Rick & Gladys Duncan
Jimmy	Du Priest	Navy	Son	Terry & Sandy Du Priest
Jacob	Edwards	Air Force Reserves	Grandson	Gene and Dottie Hussey
Jerry	Gustafson	Army	Family Friend	Graybeal Family
Mark	Hamilton	Navy	Grandson	Norbert & Benita Matthews
Dennis	Lambert	Army	Grandson-in-law	Tony Scheidelmeier
Christian	Magnacca*	Marines		
Gregg	Matsumoto	Air Force	Family Friend	MaryAnn Moschell
J.C.	Mikits	Army	Son	Janis & Judy Mikits
Patrick	Porter	Naval Reserves	Nephew	Bill Porter
David	Timmons*	Navy	Grandson	Rick & Gladys Duncan
Austin	Van Lue	Army	Grandson	Melba VanLue
Jeremy	Wood	Air Force	Great Nephew	Mabel Hulfachor

GREETERS FOR FEBRUARY



Edith Dransfield

Shirley Johnson

2012-2013 Bethany Lutheran Church Council Members

The Rev. Michelle Elfers	
Earleen Ashbrook	–Stewardship
Tom Baer	 Mutual Ministry
Bruce Bye	– Finance
Ilze Bye–President	– Membership
Barbara Campbell	– Worship & Music
Cheryl Mullin	– Outreach
Donna Shaffer–Vice-President	- Christian Education, Financial Secretary,
	Assistant Daycare Director
Melissa VanLue	– Youth Ministry
Joni Webb	– Secretary

Non-Council Ministry Team Leaders

Richard Mathes – Co-Treasurer Charles (Chuck) Webb – Co-Treasurer Deborah Rohrman – Daycare Director, Organist, Choir Director

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S M T W T F S 16 10 11 12 13 14 15 14 25 17 18 12 13 14 5 6 7 16 23 24 25 26 27 13 23 23 33 31 25 26 27 23 23 33 Friday A 5 26 27 23 33	February 1		4:30pm Daycare 15 Valentine Dance Fellowship	22 1:00pm Daycare 3 on 3 Basketball Tournament (9-12 yr. olds)	
S M T W T F 3 4 5 6 7 8 17 18 19 20 14 15 24 25 26 27 28 23 24 25 26 27 28 23 Thursday Thursday T T T T	~		9:00am Indy Conference 4:5 Ministerium	21	3
Wednesday	v		13 12:00pm Ash Wednesday Worship Service 7:00pm Ash Wednesday Worship service - Imposition of Ashes	20 6:00pm Lenten Soup & Bread Supper 7:00pm Lenten Worship Service	6:00pm Lenten Soup & Bread Supper 7:00pm Lenten Worship Service
Tuesday	4	8:00am Men's Breakfast 7:00pm Friendship Bible Study	11 Pre-Lenten Tea 7:00pm Friendship Bible Study	18 19 1:00pm Bible Study 7:00pm Friendship Bible Study 5. 5. 26	7:00pm Friendship Bible Study
A C L C L C L C L C L C L C L C L C L C		7:00pm Council			6:30pm Finance
Sunday Monday	m	"Presence of Prayer" = 8:15am Adult Sunday School 9:30am Worship 2:00pm Chin Worship	10 8:15am Adult Sunday School 9:30am Worship 2:00pm Conference Assembly at 2:30pm Kenyan	17 Worship & Music After Wo 8:15am Adult Sunday 9:30am Worship 2:00pm Chin Worship 2:00pm Chin Worship	8:15am Adult Sunday School 9:30am Worship 2:00pm Chin Worship 2:30pm Kenyan 2:30pm Kenyan

Bethany Lutheran Church 4702 S. East Street Indianapolis, Indiana 46227-1652

